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## IFPA Counselling Locations

The IFPA is the only nationwide three-option counselling service. Our counsellors are here to give you accurate, clear and honest information and support on all three options - parenting, adoption and abortion.

Our counselling service is free and located in ten locations across Ireland: Cork, Dublin City Centre, Tallaght (south Co. Dublin), Dundalk, Galway, Gorey, Letterkenny, Limerick, Sligo and Waterford. Appointments are made through the IFPA National Pregnancy Helpline 1850 49 50 51. Our staff will be able to book a suitable appointment for you, give you directions and answer some basic questions.



### Contact:

- IFPA National Pregnancy Helpline 1850 49 50 51

### Helpline Opening Hours

Monday	9am - 5pm
Tuesday	9am - 5pm
Wednesday	9am - 5pm
Thursday	9am - 8pm
Friday	9am - 4pm
Saturday	10am - 4pm

*The IFPA is a pro-choice organisation and our counsellors will support a woman's own choice in all cases.*

### Contact:

**IFPA Head Office**

Solomons House  
42a Pearse Street  
Dublin 2

Tel: 01 607 4456 / Fax: 01 607  
4486

E-mail: [reception@ifpa.ie](mailto:reception@ifpa.ie)

**IFPA Dublin City Centre  
Clinic**

5/7 Cathal Brugha Street  
Dublin 1

Tel: 01 872 7088 / 874 2110

**IFPA Tallaght Clinic**

Level 3, The Square Shopping Centre  
Tallaght  
Dublin 24

Tel: 01 459 7685 / 459 7686



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