

Certificate in Contraception Theoretical Course



SEXUALITY, INFORMATION
REPRODUCTIVE HEALTH & RIGHTS

AGENDA

Saturday 20th September 2014

Chair: Dr Caitriona Henchion, Medical Director, Irish Family Planning Association

9.30	Registration/Introduction:	Dr Caitriona Henchion
9.45	Hormonal Contraception 1 Combined Hormonal Contraception	Dr Caitriona Henchion
10.30	Hormonal Contraception 2 Progesterone only Contraception	Dr Catherine Corless
11.15	Break	Tea/Coffee
11.30	Crisis Pregnancy	Dr Caitriona Henchion & Ms. Evelyn Geraghty
12.30	Emergency Contraception	Dr Caitriona Henchion
13.00	Buffet Lunch	
14.00	Natural Family Planning Barrier methods Permanent methods	Dr Caitriona Henchion
15.00	Break	Tea/Coffee
15.30	Intrauterine Contraception	Dr Deirdre Lundy
16.15	Menopause	Dr Deirdre Lundy
17.00	Finish	



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Sunday 21st September 2014

Chair: Dr Caitriona Henchion, Medical Director, Irish Family Planning Association

9.30	Post Natal Contraception, Contraception MCQ	Dr Caitriona Henchion
10.15	Cervical Screening	Ms Carrie Powles Regional Smear taker Coordinator National Cancer Screening Programme
11.15	Break	Tea/Coffee
11.30	Sexual Transmitted Infections:	Sandra Delamere Guide Clinic St James Hospital
12.30	HIV Update	Gillian Farrell Guide Clinic St James Hospital
13.15	Buffet Lunch	
14.15	Practical Session	4 Work Shops



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Workshop 1

Sexual Transmitted Infections

- Role play of STI consult using Sexual Health questionnaire (attached)
- Demonstration of STI sampling kit – All swabs and samples used in STI consultations will be shown with instruction on how they should be used.
- Q&A

Workshop 2

POST NATAL CONTRACEPTION

- Role play of post natal consultation, focusing on contraceptive choices available to either breast or bottle feeders and timing of initiation of different contraceptives post-natally.
- Discussion of relevance of obstetric history to future contraceptive choice - parity, c-section, foetal or other factors.

Workshop 3

Long Acting Reversible Contraceptives (L.A.R.C.)

- Counselling
- Role Play- Implant request
- Role Play- IUS request

Discussion re:

- The necessary documentation of consultation
- Timing of proposed fitting
- Q&A

Workshop 4

LARC fittings

- A Preparation for fitting – Demonstration of instruments required
- Requirement for Pregnancy tests
- Ensuring Consent
- B Description of typical fitting consultation
- Documentation required and care sheets for patients
- C Management of vasovagal episodes during such consultations.